



**"Becoming an Outdoors-Woman" and the logo are copyrighted**

**Becoming an Outdoors-Woman (BOW)** is a workshop focused on the learning of outdoor skills – skills usually associated with hunting and fishing, but useful for many outdoor pursuits. Designed primarily for women, it is an opportunity for anyone 18 years of age or older, and is for you if...

- ☐ You have never tried these activities, but have hoped for an opportunity to learn,
- ☐ You are a beginner who hopes to improve your skills,
- ☐ You know how to do some of these activities, but would like to try your hand at some new ones,
- ☐ You are just looking for the camaraderie of like-minded individuals.

**BEYOND BOW EAGLE WEEKEND ADVENTURE  
FRIDAY, JANUARY 15 – SUNDAY, JANUARY 17, 2016  
KENLAKE STATE RESORT PARK, HARDIN, KY**

**PLEASE NOTE: THIS EVENT IS LIMITED TO 60 PARTICIPANTS**



The Kentucky Department of Fish and Wildlife Resources is funded through the sale of hunting and fishing licenses and boat registrations. KDFWR receives no general fund tax dollars. KDFWR does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities and equal opportunity to participate in all programs and activities.



**The Kentucky Department of Fish and Wildlife Resources (KDFWR) sponsors this event in partnership with the Kentucky Fish and Wildlife Foundation and the Kentucky Department of Parks**

**WEEKEND AGENDA**

**FRIDAY, JANUARY 15**

12pm Registration  
2pm Welcome/Orientation  
3-6pm Eagle Dinner Cruise  
7pm Group Activity

**SATURDAY, JANUARY 16**

7:30am Breakfast  
8:30am SESSION I  
12:30pm Lunch  
1:30pm SESSION II  
6pm Dinner  
7pm Group Activity

**SUNDAY, JANUARY 17**

7am Optional Devotion  
7:30am Breakfast  
8:30am Wrap-Up  
9:30am Optional Visit  
LBL Planetarium & Observatory

Your Beyond BOW weekend adventure begins Friday with an eagle viewing dinner cruise on Kentucky Lake aboard the CQ Princess. Saturday will be spent participating in class sessions focusing on Kentucky's great outdoors and Sunday we will venture to Land Between the Lakes (LBL) Planetarium & Observatory (**Optional**)

**REGISTRATION/CONFIRMATION:** Registration closes December 15, 2015 or sooner if capacity of 60 is met. One person per registration form please. Please complete the registration form and mail it along with your \$50 event fee to **\*\* Beth Minch, PO Box 35, Stamping Ground, KY 40379**. Upon receipt of this information and payment a confirmation letter will be sent to you with packing suggestions, reminders and directions.

**EVENT FEE:** The \$50 event fee covers two (2) class sessions, materials, handouts, and equipment along with weekend group activities and prizes. This fee is required of each participant to reserve a spot for the event. **EVENT FEE DOES NOT COVER EXTRA CLASS FEES, MEALS, EAGLE VIEWING CRUISE OR OVERNIGHT ACCOMMODATIONS.** Please include any extra class fees registered for with the event fee. Checks made payable to Beth Minch mailed to the noted address above \*\*.

**OVERNIGHT PACKAGES:** To help ensure you receive the best value Kenlake State Resort Park has created several overnight packages. Please call 1 800-325-0143 and advise the operator you are part of the Beyond BOW group. Be prepared to provide your room selection (single, double, cabin) and roommate information. Lodge rooms and cabins can hold one to six people. Your package rate with the Park will depend on the number of roommates you have and type of lodging you select. The Park package includes two night's lodging at Kenlake State Resort Park, the three-hour eagle viewing cruise, five meals beginning with dinner Friday thru breakfast Sunday. **OVERNIGHT PACKAGE FEES PAID DIRECTLY TO KENLAKE STATE RESORT PARK**

**PARTICIPANTS ARE RESPONSIBLE TO BOOK OVERNIGHT PACKAGE WITH KENLAKE STATE RESORT PARK**

**CANCELLATION:** Cancellations made before December 15<sup>th</sup> will incur a \$25 processing fee from your event fee however substitutes are accepted. Cancellations made on or after December 15<sup>th</sup> or no-shows will forfeit their entire event fee. Kenlake has a separate cancellation policy. Please ask for those details at the time of your overnight package booking.

**KY BOW SPONSORSHIP:** A scholarship program was created to honor longtime KY BOW supporter/participant, Yveta Reffitt. Contributions are dedicated to assist participants seeking financial assistance to the annual KY BOW weekend adventure in September. Contributions/gifts should be payable and mailed to address above \*\*.

**QUESTIONS OR CONCERNS:** Call 1-800-858-1549, ask for Megan Bagby, BOW Assistants or e-mail Beth Minch, BOW Coordinator at [beth.minch@ky.gov](mailto:beth.minch@ky.gov). We strongly recommend you read your registration form and confirmation letter prior to contacting us as most issues are addressed there.

## **CLASS DESCRIPTIONS**

**PLEASE NOTE – THERE WILL BE NO RANGE TIME WITH EITHER FIREARM CLASS**

**BASIC ARCHERY LIMITED CLASS** of 15 - Learn a new outdoor skill with step by step instructions for correctly and safely shooting a bow. You'll be hitting the target in no time with an opportunity to use what you've learned on a 3-D range. Dress accordingly to be outdoors.

**COOKING WILD GAME 101 LIMITED CLASS** of 12 – Join one of our own “Top Chefs” for fun, easy and devilishly delicious game recipe ideas, and learn the secrets of preparing various wild game for the table. Venison? Wild turkey? Small game? Who knows what we'll dazzle you with? **ADDITIONAL \$10 FEE**

**CREATIVE WREATH MAKING LIMITED CLASS** of 15 – Wrap up the holidays by creating a fresh wreath for your front door during this fun, hands-on session. You'll learn to use natural materials including fresh greens (pine, cedar, juniper, holly, magnolia, and spruce), pine cones, lotus pods, and festive ribbons. We'll show you the secret of making a perfect “BOW”, too. You're encouraged to bring ornaments and gloves. **ADDITIONAL \$25 FEE**

**HANDGUN SELECTION, SAFETY AND CARE LIMITED CLASS** of 15 – A great class to learn the basics of pistol safety and selection for sport and/or hunting purposes covering calibers, shooting principles and marksmanship.

**HUNTING/OBEDIENCE DOG TRAINING LIMITED CLASS** of 10 – In this class you will learn about training a retriever from puppy to finished hunting dog. Come join us to learn the basics of creating that great companion in the field.

**INTRODUCTION TO WILD MUSHROOMS LIMITED CLASS** of 15 – All mushrooms are edible, but some only once. Join us in this informative class for the nature lover who is eager to learn how to forage and collect edible mushrooms in our region. Learn how to identify the edible ones from the poisonous ones as well as how and why to make a spore print. Dress accordingly to be outdoors. A Mushroom ID book will be provided. **ADDITIONAL \$10 FEE**

**LONG GUN SELECTION, SAFETY AND CARE LIMITED CLASS** of 15 – Whether your interest is in shotguns, rifles or muzzleloaders this class will help provide information to get you started in selecting the appropriate firearm for your needs. Learn how to handle and use your firearm safely as well as the basics of cleaning and maintaining your firearm.

**WINTER BIRDING LIMITED CLASS** OF 12 – Learn how to attract birds to your backyard with trees, shrubs, and native plants while learning what birds to look for in the winter. We'll take a hike around the Park to see what we can see! Bring binoculars, otherwise, they will be provided. Dress accordingly to be outdoors. Everyone will take home a bird feeder you make yourself! **ADDITIONAL \$10 FEE**

**WINTER TREE ID AND HOW THEY KEEP YOU HEALTHY LIMITED CLASS** of 15 – Winter Tree ID--Oh My! Actually it's sometimes easier than ID-ing trees with their leaves on. Dress accordingly to be outdoors. A Winter Tree ID book will be provided. **ADDITIONAL \$10 FEE**

**WINTER WATER SAFETY/SURVIVAL (SOME LAND TACTICS ALSO) LIMITED CLASS** of 15 – A great class to learn boating and water safety with a focus on cold water conditions. This class will cover how to avoid ending up in the water and how to survive if an accident does happen. Some land techniques will also be included in the class.

**PLEASE READ CAREFULLY AND COMPLETE FORM PROPERLY  
\$50 EVENT FEE, INCLUDING ANY ADDITIONAL CLASS FEES PAYABLE AND MAILED TO  
BETH MINCH, P.O. BOX 35, STAMPING GROUND, KY 40379**

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_ (PRINT CLEARLY) \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_

KENLAKE PARK PACKAGE RESERVED UNDER \_\_\_\_\_  
PLEASE NOTE THE NAME ON THE RESERVATION

\_\_\_\_ YES, I plan to participate in the visit to the LBL Planetarium and Observatory Sunday, January 17<sup>th</sup>. We will depart from Kenlake, traveling in your personal vehicles, to tour the LBL Planetarium and for a private viewing of Wildest Weather Planetarium Show. We'll join National Geographic on a spectacular journey to witness the most beautiful, powerful, and mysterious weather phenomena in the solar system. From a storm the size of a 100- megaton hydrogen bomb, to a 400- year-old hurricane, to a dust tempest that could engulf entire planets, you'll be glad you live on Earth!

I may be exposed to some environmental/physical risk due to the nature of the event. I assume full responsibility for any intentional action or injury that may result from my participation. I understand and accept that photographs/videos may be taken during sessions to be used in future support of BOW. I understand organizing the BOW adventure takes place months in advance and every effort is made to offer all scheduled activities. However, in the event of an unforeseen and unavoidable event of a class/event cancellation or instructor change, BOW will provide excellent alternatives should the situations arise.

APPLICANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

This workshop consists of two, 3½ hour sessions

Please select your top four choices

Mark your top choice with the number 1,

Second choice with the number 2 and so on with 3 and 4.

As courses fill, you are assigned your 3<sup>rd</sup> or 4<sup>th</sup> choice.

Sessions are limited and filled on a first-come, first-served basis.

Please select your courses carefully; **YOU CANNOT CHANGE YOUR SCHEDULE AT THE EVENT**

\_\_\_\_ Basic Archery

\_\_\_\_ Cooking Wild Game 101 / **ADDITIONAL \$10 FEE**

\_\_\_\_ Creative Wreath Making / **ADDITIONAL \$25 FEE**

\_\_\_\_ Handgun Selection, Safety and Care

\_\_\_\_ Hunting/Obedience Dog Training

\_\_\_\_ Introduction to Wild Mushrooms / **ADDITIONAL \$10 FEE**

\_\_\_\_ Long Guns Safety, Selection and Care

\_\_\_\_ Winter Birding / **ADDITIONAL \$10 FEE**

\_\_\_\_ Winter Tree ID and How They Keep You Healthy / **ADDITIONAL \$10 FEE**

\_\_\_\_ Winter Water Safety & Survival